

2/20/2013

Nutrition Information**01672 Lil' Sugars Mini Donuts/Cin Sg****Label Information**

Serving Size: 4 Donuts (2oz/56g)

Servings: 0.25 per Donut

Bread Servings: 1.5

g Whole Grain: 0

% Whole Grain: 0

	Amount/Serving	% DV
Calories	210 kCal	
Calories From Fat	90 kCal	
Total Fat	10.0 g	16 %
Saturated Fat	4.5 g	23 %
Trans-Fatty Acids	0.0 g	
Cholesterol	20 mg	7 %
Sodium	270 mg	11 %
Total Carbohydrates	26 g	9 %
Dietary Fiber	1 g	3 %
Sugars	9 g	
Protein	3 g	
% Vitamin A		0 %
% Vitamin C		0 %
% Calcium		2 %
% Iron		8 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories per gram: Fat 9* Carbohydrate 4* Protein 4.

	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Sat. Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2400mg	2400mg
Total Carbohydrates		300mg	375mg
Dietary Fiber		25g	30g

Ingredient Legend:

DONUT INGREDIENTS: SUGAR, WATER, ENRICHED WHEAT FLOUR (MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PALM OIL, SOYBEAN OIL, SOY FLOUR, EGG, CONTAINS LESS THAN 2% OF: LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, SODIUM ALUMINUM PHOSPHATE, ALUMINUM SULFATE), NONFAT DRY MILK, SALT, WHEY, WHEAT STARCH, FOOD STARCH-MODIFIED, DEXTROSE, SOY LECITHIN, SPICE, CELLULOSE GUM, NATURAL AND ARTIFICIAL FLAVORS, CORN OIL, BETA CAROTENE (COLOR), ALPHA TOCOPHEROLS (PRESERVATIVE), CITRIC ACID, SILICON DIOXIDE. TOPPING INGREDIENTS: SUGAR, CINNAMON. CONTAINS: WHEAT, SOY, EGG, MILK.

The nutritional information shown above is for a finished product made using the products above, following the label directions printed on the dough product case. Variations in shop conditions, as well as use of any other fillings, toppings, or preparation procedures, may affect the nutrition profile of the finished product. Therefore, Shop, Inc. cannot guarantee, nor shall it be liable for the accuracy of this information. You may wish to confirm nutrition analysis with an accredited laboratory.